



FLORIDA MENTAL HEALTH COUNSELORS ANNUAL CONFERENCE

Friday & Saturday ♦ February 10 & 11, 2012

Innovative Approaches: Effective Mental Health Counseling

Peabody Orlando Hotel

9801 International Drive ♦ Orlando, Florida

**Keynote
Presenter**



Donald Meichenbaum, Ph.D., a founder of Cognitive Behavioral Modification, was voted one of the ten most influential psychotherapists of the century by North American clinicians in a survey reported in the *American Psychologist*. Dr. Meichenbaum is Distinguished Professor Emeritus at the University of Waterloo, Ontario, Canada, and maintains a private practice as clinical psychologist. This full day workshop presents the essence of Dr. Donald Meichenbaum's cognitive behavioral approach and its application to PTSD.

Dr. Meichenbaum has presented throughout North and Central America, Israel, Japan, and the former Soviet Union. Dr. Meichenbaum is the author and co-author of numerous books including: *A Clinical Handbook/Practical Therapist Manual for Assessing and Treating Adults with Post Traumatic Stress Disorder*, *Stress Inoculation Training*, *Pain and Behavioral Medicine*, and *Facilitating Treatment Adherence*. His book, *Cognitive Behavior Modification: An Integrative Approach*, is considered a classic in its field.

**Plenary
Speaker**



James Messina, Ph.D. has devoted a great deal of his life to the development of the counseling profession. He co-founded the American Mental Health Counselors Association, serving as the Association's second president. He assisted in the writing of enabling legislative language for the first Licensed Mental Health Counseling Law (Virginia in 1976), later used in Florida when it enacted licensure in 1982. Dr. Messina was on the founding board, and first chairperson, of the National Academy of Certified Clinical Mental Health Counselors, and was on the founding board of directors of the National Board of Certified Counselors. He wrote the original Codes of Ethics for the American Mental Health Counselors Association, the National Academy of Certified Clinical Mental Health Counselors and the National Board for Certified Counselors.

Sessions Include:

CBT & PTSD One-Day Workshop by Donald Meichenbaum, Ph.D. (6 CEUs)

Qualified Supervisor Training by Stephen Giunta, Ph.D. (16 CEUs)

(Continuing education course in supervisory training, meeting the requirements of rule 64B4-6.0025. This two-day training is provided *at cost* to FMHCA's Clinical Members)

DSM 5 Update and Workshop by James Messina, Ph.D. (3 CEUs)

Overview of Integrative Treatments by Presenters' Panel (2 CEUs)

Symposium for Graduate Students by the FMHCA Executive Board

Current State of LMHC's Scope of Practice by Mixon & Associates (1 CEU)

Innovative Approaches: Effective Mental Health Counseling

AGENDA

FRIDAY, FEBRUARY 10, 2012

Registration Begins at 7:30 am

8:00 am	to	9:00 am	Continental Breakfast / Opening Remarks: Dr. Denny Cecil-Van Den Heuvel, FMHCA President
9:00 am	to	12:00 pm	Dr. Meichenbaum <i>CBT & PTSD</i> , Session I
8:00 am	to	12:00 pm	Qualified Supervisor Training, Session I
10:00 am	to	10:15 am	Morning Break
12:00 pm	to	1:20 pm	Luncheon / Plenary Speaker: Dr. James Messina, <i>The Future of the Clinical Mental Health Profession</i>
1:30 pm	to	4:30 pm	Dr. Meichenbaum <i>CBT & PTSD</i> , Session II
1:30 pm	to	5:30 pm	Qualified Supervisor Training, Session II
3:00 pm	to	3:15 pm	Afternoon Break
4:40 pm	to	5:40 pm	The Current State of LMHCs Scope of Practice by Mixon and Associates, FMHCA's Legislative Liaison

Contact Hours Day 1 - CPT & PTSD, Plenary Presentation and Legislative Liaison Update: 8 CEU Hours

Contact Hours Day 1 - Qualified Supervisor Training and Plenary Presentation: 9 CEU Hours

SATURDAY, FEBRUARY 11, 2012

8:00 am	to	12:00 pm	Qualified Supervisor Training, Session III
9:00 am	to	12:00 pm	<i>DSM 5 Workshop</i> by Dr. James Messina
10:00 am	to	10:15 am	Morning Break
12:00 pm	to	1:00 pm	Lunch Break
1:00 pm	to	3:00 pm	<i>Overview of Integrative Treatments</i> by Presenters' Panel
1:00 pm	to	5:00 pm	Qualified Supervisor Training, Session IV
3:00 pm	to	3:15 pm	Afternoon Break
3:15 pm	to	5:00 pm	Symposium for Graduate Students <ul style="list-style-type: none">• Questions on Registered Internships and Licensure• Who may I choose for a supervisor?• What is 491?• An introduction to the Laws & Rules• How do I prepare for, study, and then take the state exam?• Professionalism and Beyond

Contact Hours Day 2 - DSM 5 Workshop and Overview of Integrative Treatments: 5 CEU Hours

Contact Hours Day 2 - Qualified Supervisor Training: 8 CEU Hours



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HOTEL INFORMATION

For attendees who will be traveling into Orlando and staying overnight at the hotel, you may make your reservations at The Peabody Orlando via the website utilizing a **reservations code (315300)** or you may call-in and book directly with the reservations team.

The Florida Mental Health Counseling Association has negotiated a discounted self-parking fee of \$9. We have also negotiated an optional Hotel Services Fee rate of \$9. If you choose to pay the daily \$9 Hotel Service Fee, it would include the following:

- ♦ Unlimited local and 800 calls
- ♦ Use of the Peabody Athletic Club
- ♦ Two bottled waters per day
- ♦ Two I-Ride tickets per room per day
- ♦ Lobby coffee service 5:30 am - 8:30 am
- ♦ Shoe shine service
- ♦ Access for one guest to the hotel's wireless high-speed Internet service

The Peabody Orlando

9801 International Drive
Orlando, FL 32819
407-352-4000

<http://www.peabodyorlando.com>

Hotel Reservation Link at

<http://www.floridamhca.org>



The FMHCA negotiated price per night for rooms are as follows:

- ♦ \$189 - Superior King/Superior Double (Single/Double)
- ♦ \$215 - Deluxe King/Deluxe Queen/Deluxe Double
- ♦ \$244 - Executive King
- ♦ \$264 - Villa King
- ♦ Business Floor
- ♦ Club Floor

(Prices above do not include applicable taxes)

Descriptions and amenities for the rooms are detailed on the Orlando Peabody Hotel website at:

<http://www.peabodyorlando.com/accommodations/>





Florida Mental Health Counselors Association 2012 Conference Registration Form

Name: _____ Email: _____

Address: _____

City: _____ State: _____ ZIP: _____

FL License # _____ Graduate Student: Yes: _____ No: _____

Current Member of FMHCA? Yes: _____ No: _____ Certificate of Attendance: Yes: _____ No: _____

If no, Membership Application Attached? Yes: _____ No: _____

Price Amount
 Paid

Early Registration Fee: Due no later than November 15, 2011

FMHCA Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$100 _____
Two Day Qualified Supervisor Training \$50 _____

Non-Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$125 _____
Two Day Qualified Supervisor Training \$150 _____

Graduate Students (FMHCA Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$55 _____

Graduate Students (Non-Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$85 _____

Regular Registration Fees based on desired workshop: Due no later than January 20, 2012

FMHCA Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$120 _____
Two Day Qualified Supervisor Training \$60 _____

Non-Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$145 _____
Two Day Qualified Supervisor Training \$170 _____

Graduate Students (FMHCA Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$60 _____

Graduate Students (Non-Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$90 _____

ONSITE REGISTRATION:

FMHCA Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$144 _____
Two Day Qualified Supervisor Training \$72 _____

Non-Members:

Two Day Conference: Dr. Meichenbaum, Dr. Messina and other Presenters \$174 _____
Two Day Qualified Supervisor Training \$204 _____

Graduate Students (FMHCA Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$72 _____

Graduate Students (Non-Members):

Two Day Conference: Dr. Meichenbaum, Dr. Messina, Symposium and other Presenters \$108 _____

If anyone wishes to join FMHCA, they can join for fees already set for the next calendar year, prior to registration for this conference in order to get membership prices

REGISTER by sending a check or money order payable to **FMHCA** attached to this registration form to:

FMHCA
c/o Debra Shearl
P.O. Box 5390
Clearwater, FL 33758



Florida Mental Health Counselors Association Membership Application

Types of Membership

- ◆ **Clinical:** All licensed mental health professionals or those who are certified clinical mental health counselors (CCMHC) must join as clinical members
- ◆ **Regular:** Registered mental health counselor interns or those unlicensed professionals with mental health or related field employment.
- ◆ **Student:** Enrolled full-time in a graduate program in mental health counseling or related field. Major professor must sign this application form.
- ◆ **Retired Clinicians:** License retired.

**** The best deal for clinical members:** Clinical member may join both FMHCA and AMHCA with a unified fee of \$227.00. This is a savings of \$33 off joining the associations separately. To take advantage of this dual membership, you must join through AMHCA. Visit <http://www.amhca.org> and join online.

Please fill in all of your contact information. Your e-mail address will be the primary means of communication.

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

County: _____ Email: _____

Phone: _____ Fax: _____

Current FMHCA member or other resource who referred me: _____

_____ \$96.00 Clinical - All LMHCs or CCMHCs TIME LIMITED License#: _____

_____ \$80.00 Regular - All registered interns or non-licensed professionals License #: _____

_____ \$40.00 Student - Full-time graduate student

(Professor signature required) Professor's signature: _____

_____ \$40.00 Retired Clinicians - License retired.

Please mail your payment (check or money order) attached to this form payable to FMHCA to:

FMHCA
c/o Debra Shearl
P.O. Box 5390
Clearwater, FL 33578

You are invited to contact us at: www.floridamhca.org

Your dues are valid for 12 months from the date of receipt. Dues may be considered ordinary and necessary business expenses less the amount allocated to lobbying expenditures. Estimated portion of dues allotted to lobbying this year is 50%.